

ABSTRACT OF THE DISCLOSURE

An optical film is disclosed that includes a polarizing plate having a protective layer on at least one side of a polarizer and a brightness-enhanced film laminated to the polarizing plate, such that when the optical film is cut into a 25 mm \times 150 mm strip-shape and the strip-shaped film is bent at the center of the film so that the both ends in the longitudinal direction of the optical film are allowed to approach each other from above and below and when the distance between the both ends becomes 50 mm, the force applied to the lower part of the film is 0.20 N or less. Advantageously, embodiments of the invention provide an optical film in which less foams enter when the optical film is attached to a liquid crystal cell. As a result, the working operability and yield may be improved. A liquid crystal display using such an optical film is also disclosed.